

60 in a Jiffy



Sponsored by ULA YART

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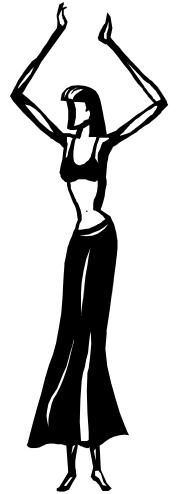
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Samantha's Table of Contents

- Belly Dancing
- Makeovers
- Speed Dating
- Yoga
- Chocolate Dipping
- UV Bracelets
- Christmas Tags
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Belly Dancing

Goal: Teens learn about belly dancing, dancing moves, and a short routine.

Preparations:

- Belly Dancing Instructor (check online for locals)
- Large room; preferably semi-private.
- Music and player.
- Check the 793.3's for books and instructional films to display.

Outline:

1. Display belly dancing costumes and accessories.
2. Have instructor briefly explain and demonstrate the different types of belly dancing and accessories.
3. Have instructor teach the class how to do some belly dancing moves and put them together for a routine.



Belly Dancing



Variations:

- If you can't bring in a professional belly dancer, you can always use a belly dancing DVD from your library.
- We did a "girls only" night for ages 12 and up.

Makeovers

Goal: Teens learn how to put on their own makeup and what colors work best for their complexions.

Supplies:

- Mary Kay Consultant or mall makeup specialist.
(pay them for their time, but don't allow sales)
- Makeup samples
- Tables / table clothes
- Water pitcher and small cups
- Cotton balls
- Camera
- Mirrors / Mary Kay mirror makeup kits



Makeovers

Outline:

1. Take “before” pictures of the teens.
2. Demonstrate how to apply makeup.
3. Distribute makeup samples and have teens apply.
 - Discuss different complexions and the colors that are the most flattering.
 - Take “after” picture of teens.

Tip: Have at least two people helping hand out supplies and assist the teens.



Speed Dating

Goal: Teens mingle and talk about books.

Supplies /Preparations:

- Tables and chairs
(set up chairs across from each other)
- Treats for during and after
- Have teens bring a book to talk about.

Outline:

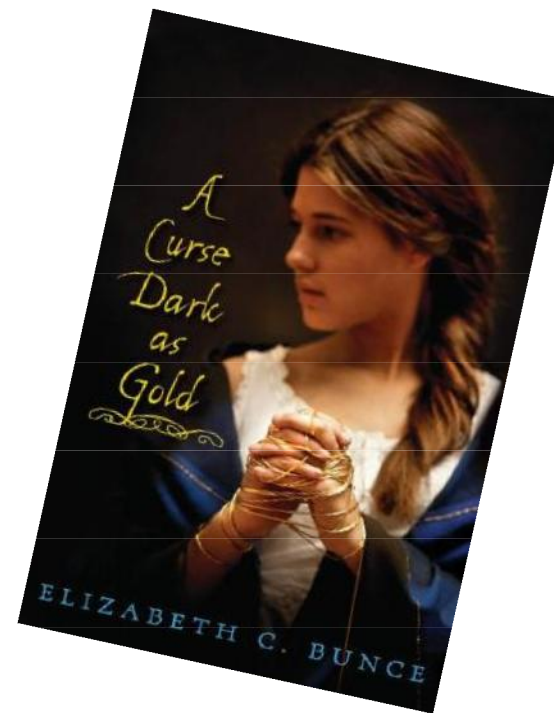
1. Have guys sit on one side of the table and girls sit on the opposite side.
2. Have a timer and set it for 5 minutes.
3. Every five minutes have the guys move down one seat.
4. When finished allow teens to mingle and snack.



Speed Dating

Tips:

- You might want to have registration so that there is an even number (or close) of guys and girls.
- Display popular teen titles for teens to browse or use if they forgot to bring a book.



Yoga

Goal: Teens learn about yoga and yoga moves.

Supplies:

- Yoga Instructor (check online or at nearby gyms for local instructors).
- Music / player
- Water bottles
- Pull Yoga books and DVDs to display.

Outline:

1. Instructor will discuss the philosophy of yoga.
2. Instructor will lead the class in yoga moves.

Variation: If you can't bring in a certified yoga instructor, you can always use a yoga DVD from your library.



Chocolate Dipping

Goal: Teens learn how to dip chocolates and make designs. Eat chocolates!

Outline 1: Demonstration

1. Preparation: put out table
2. Instructor will bring melted chocolate marble slab, items to dip.
3. Instructor demonstrates different chocolate dipping techniques and gives samples.



Outline 2: Hands On with Professionals

1. Chocolate company brings marble slabs and all supplies for each student.
2. Each student makes and takes their own chocolates.
3. Charged per student.

Chocolate Dipping

Outline 3: Hands On

1. Provide the stuff and let the teens dip!

Supplies:

- Melted chocolate (dipping kind)
- Stuff to dip (i.e. berries, cookies, etc.)
- Wax paper
- Napkins
- Plastic table cloths



UV Bracelets

Goal: Teens make their own bracelet and learn about UV rays.

Supplies:

- UV Beads (teachersource.com)
- Black cording (or any other type of cord)

Helps and Hints:

- UV beads are white in the dark and colored in the light.
- Can also be a Make and take.
- Contact Utah Cancer Action Network (UCAN)
http://health.utah.gov/ucan/res/ordering/skin_protection_kit_order.htm
They gave us several informational brochures about the sun safety and free chapsticks that we handed out.



Christmas Tags

Goal: Teens stamp, punch, and tie to create their own tags.

Supplies (vary):

- Tag punches of assorted sizes (or a cutter)
- Colored paper
- Patterned paper
- Christmas stamps
- Stamp pads
- Ribbon
- String
- Markers
- Brads
- Buttons
- Pop-ups



Image from catecreated.com



Christmas Tags

Outline:

1. Have 3 or 4 samples. Demonstrate how to create them.
2. Allow teens to be creative and innovative in punching, stamping, and using the supplies to create their own.

Variation: Can also be a Make and Take.



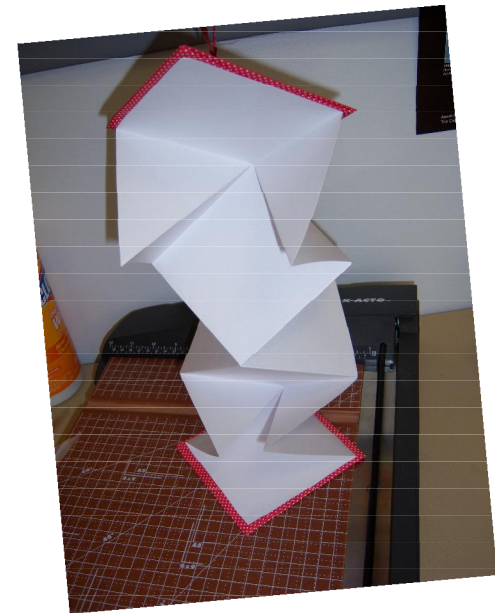
Image from blockheadstamps.com

Make Your Own Book

Goal: Teens will make their own accordion-like book.

Supplies:

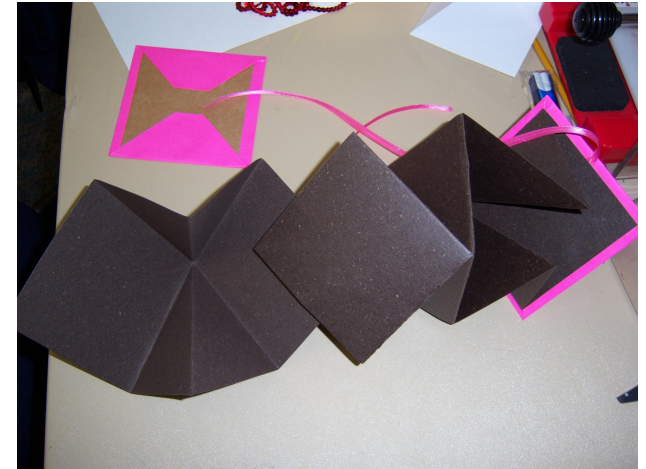
- 1 sheet of patterned paper (regular)
- A cereal box or some other cardboard item to cut 2 squares of $4\frac{3}{4} \times 4\frac{3}{4}$ inches
- 3-5 sheets of cardstock cut $8\frac{1}{2} \times 8\frac{1}{2}$ inches
- 24 inches (give or take) of thin ribbon
- Glue stick or another adhesive



Make Your Own Book

Outline:

1. Fold $8\frac{1}{2} \times 8\frac{1}{2}$ papers in half both ways (creating 4 squares) on the same side.
2. Turn the paper over and fold it in half making a triangle.
3. Turn paper over and fold corners in making a square. Repeat 2 times.
4. Step 4: Cut the sheet of patterned paper in half. Use the half sheets of paper to cover one side of the both cardboard squares of $4\frac{3}{4}$ inches. Glue paper to cardboard. On one of the covered cardboard squares glue a ribbon across the middle with equal distance of ribbon on each side.
5. Glue the folded cardstock square to the covered cardboard (hiding any cardboard).
6. Glue the other 2 folded cardstock squares together alternately. Glue the last folded cardstock square to the remaining covered cardboard square. Creating a accordion like book.
7. Tie ribbon into a box to close the book.
8. Optional: Add pictures, stickers, writing, etc. to decorate your book!



Book Review Videos

Goal: Record teens talking about books and put them on Youtube, Teachertube, and/ or Facebook.

Supplies:

- Video camera (Flip)
 - You can add a title and credits using Flip software.
 - You can also add free music, but it is for the entire video, not just a section.
- Use Windows Movie Maker (a free movie editing software) to edit and add content to your teen book reviews.



Book Review Videos



Outline: Filming

1. Have teens prepare book reviews that are less than 2 minutes long. Let them know that they can give a positive, negative, or indifferent review. They don't have to memorize, just have a general idea of what you would like to say (no cue cards).
2. Choose a quiet place to film
3. Start the filming by having the teen name the book and the author.
4. Teens can just review the book or be creative with costumes, props, etc.
5. Teens can choose to have their facial features blurred to be unrecognizable or use puppets and/or props.
6. Make sure you have teens bring a parent/guardian signed Photo Release Form.

Suggestion: This is a great outreach opportunity. Contact a local school and work with a teacher.

Book Review Videos



Outline: Editing

1. Only use the student's first name.
2. If you work with a school or class, do not put the name in the video.
3. Add title and credits from video camera software or using Windows Movie Maker.
4. Add background music for title and credits.
5. Include image of the book and your library's logo for branding.
6. Post videos on Youtube, Teachertube, and/or Facebook.
7. Monitor the comments on the accounts to ensure that no derogatory comments are made about the individual teen. Delete derogatory comments.
8. For examples check out: www.youtube.com/slcoteens

Hints:

- Youtube has a 10 minute limit on videos.
- Facebook has a 20 minute limit on videos; to watch videos on Facebook teens must be a "friend" of the library's Facebook account.
- You cannot use more than 30 seconds of a copyrighted song without permission.

Library Promotional Videos

Goal: Promote library programs or services.

Supplies:

- Video Camera (Flip)



Outline:

1. Write a script that promotes a library service for teens or a program.
2. Cast teens in the roles.
3. Film teens. Take several shots from different angles.
4. Edit film and add a title, credits, music, and library logo, using Windows Movie Maker (free) or another film editing software.
5. Post video on Library website and any of the following social networking sites: Youtube, Teachertube, Facebook, etc.

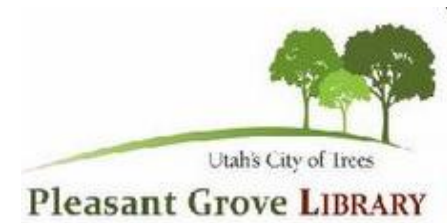
Check out an example at: <http://www.youtube.com/watch?v=uHt7fhHDw8M>



Pleasant Grove Library Programs

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- Pop-Pop-Play
- Game Night- Cranium & Bunko
- Name That Tune Jeopardy Style
- Picture Scavenger Hunt
- Poetry Night
- Gingerbread Houses



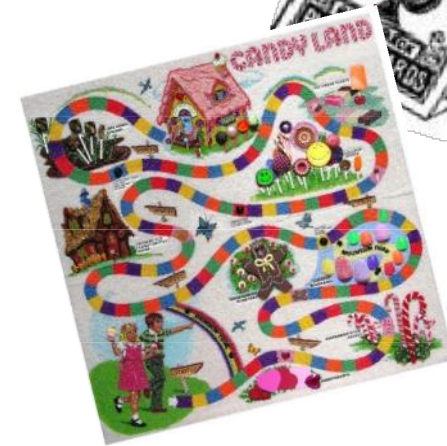
Life Size Games- Candy Land & War

Goal: Allowing the teens to play the simple games from childhood in a new way and associate with each other in fun competition.

Supplies: Large playing cards. 42 sheets of colored paper and small “drawing” cards.

Outline

- Candy Land- Chose seven different colors of paper and laminate 6 sheets of each. We drew arrows on some to tell them to go backwards if they landed on that square. Tape them to the floor in a pattern that moves them back and forth across the room. We made small cards similar to the ones in the game. At the end of the game we had a big bowl of candy including miniature candy bars!
- War - We scanned, enlarged and printed a deck of cards. Each teen had several cards and stood in two lines facing each other. As they used one card they put it behind their “hand” so a new card would be facing forward. Play the game the same way as you do with two people and regular sized cards.



Altered Books



Goal: Teens use their creativity to express themselves by creating their own book.

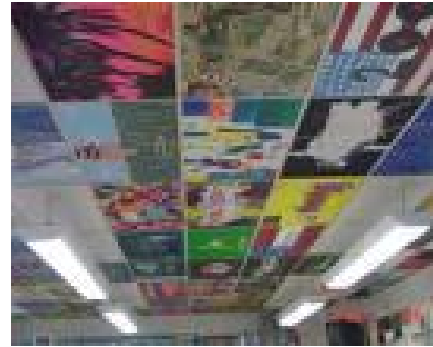
Supplies: Discarded board books, white primer paint or gesso, scrap booking paper, ribbon, stickers, feathers, buttons, old magazines, whatever you have on hand.

Outline

- The discarded board books need to be prepared. The shine needs to be lightly sanded off then each page painted with primer or gesso. We spent two weeks and had the teens sand and paint their books the first week letting them stand up to dry over night. This took a little time and was a little messy. The next week we put out the supplies and let the teens be creative.



Ceiling Tiles



Goal: Let the teens feel like a real artist using a “canvas” that will be seen by many.

Supplies: Poster paints, brushes of assorted sizes, butcher paper, markers and crayons. A ceiling tile for each teen or team to paint. We removed these from the ceiling in our story area in the library basement.

Outline:

- The week before the event we sent home a large piece of paper so they could start designing their tile.
- We set up outside with covered tables but some spread out on the grass and patio.
- After the tiles were dry we hung them back up in the story time area where they were enjoyed by all our summer reading participants.

Glass Etching



Goal: Teens create a piece of art they can use and enjoy.

Supplies:

- Glass jar, plate, vase, picture frame, glass, etc. for each participant
- Etching paste (available at Roberts or I have seen it at the hardware store)
- Clear contact paper
- Small brushes or q-tips
- Disposable gloves
- Access to water

Outline

The teens were told to bring a glass item to etch. We also had the librarians save glass items to donate to the cause for those who forgot.

Using the Cricut and x-acto knife we cut designs from contact paper to etch into the glass.

Etching paste was applied to the design with q-tips making sure a thick coating was used.

After 5 to 10 minutes the paste was washed off and stencil removed.

Glass Etching

Helps & Hints:

Cover tables with paper, make sure teens wear gloves.

Make sure the paste is put on thick enough.

Etching paste needs to be washed off in a sink that will not be damaged by the solution.



Pop-Pop-Play

Goal: To have fun with material usually thrown away.

Supplies:

Save all of your bubble wrap and the big air packaging that comes to the library. The more the better!

Outline:

- Divide the packing material among the teens and then start the contest:
 - The loudest pops
 - The softest pops
 - The weirdest way to pop it
 - How fast can you pop?
- We had balloon wars after all the bubble wrap was popped. Each teen had a balloon tied to their ankle. We soon learned we needed a no touching rule. Last teen with a balloon is the winner.



Game Nights- Cranium & Bunko

Goal: Laughter, team work, competition and new friends.

Supplies: Play Dough & Cranium game. Bunko: 3 dice and score sheets for each table of 4 players.



Outline:

Cranium

- We carefully choose the cards we thought were appropriate for our teens to play. We simplified the rules a little and let each teen have their own small container of play dough for sculpting.

Bunko

- We have played this several times and they are asking for it again.
- If you haven't played the game before, the rules can be found at <http://www.buncorules.com/rules.html>



Name That Tune Jeopardy Style

Goal: Challenge the teams through the medium of music.

Supplies: Program to create the play list, laptop to play the music, dry erase board with markers or chalk board to draw out the Jeopardy categories and keep score.



Outline:

- Teens were divided into three teams with four players on each team. They took turns being the team member to play. One point was given if they could name the song and two points if they could name the group or composer. For Broadway and Movies they also got a point for knowing where the song came from.
- Categories were Disney, Decades, Country, Classics, Rock/Pop, Movie Music, and Broadway.
- At the end we had a final Jeopardy challenge which no one knew (the theme from the God the Bad and the Ugly).
- Our play list is available on the handout.

Picture Scavenger Hunt

Goal: Teams explore the library and surrounding area seeing things in a new way through the lens of a camera.

Supplies: digital cameras for each team, list of items they need to take pictures of, and a laptop to download the pictures.



Outline:

Divide into groups

Each group has a pencil, list and camera.

Make sure each group knows the boundaries of the playing area and the time they should return.

Go over rules for safety. i.e.: crossing streets at cross walks and staying together.

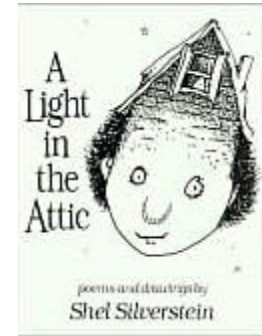
Download pictures as teams return and create a slide show for everyone to enjoy as they have a treat.

Give a small prize or recognition to first team to return.

Picture Scavenger Hunt



Poetry Night



Goal: To increase teens appreciation of poetry and familiarize them with poetry books in the library.

Supplies: Many different poetry books, pencils and paper for everyone.

Outline:

Allow teens time to look through poetry books and choose some poems to share with the group.

Fold paper accordion style and have each teen write the beginning of a poem on the first fold then passes it to the left. The next teen writes on the second folded space, then folds down what the first teen wrote. The poem is passed to the third teen who can read only what the second teen wrote. This continues until they get their own sheet back. When they are done everyone has a poem to share with the group. These poems turn out to be funny, amazing and always entertaining.

Gingerbread Houses



Goal: Seasonal activity that allows teens to socialize, be creative and eat candy.

Supplies: graham crackers, assorted candy, royal icing, freezer quality zipper lunch bags, card board covered with foil for the base for each house

Outline:

Divide graham crackers among teens and give each a cardboard base and bag with icing.

Place candy in bowls down the middle of the table.

Fun seasonal music adds to the festive atmosphere.

Teens designed their own buildings (not all were houses) and no two were alike.

We learned it takes more frosting than we expected.

This activity was attended by more first-time teens and more boys than any other activity last year.

Gingerbread Houses

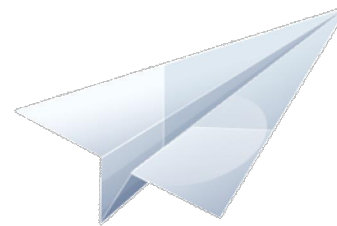
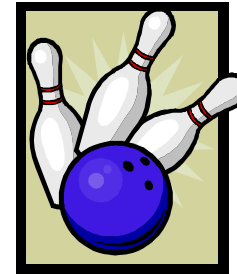
Below, are some of the secrets I have learned along the way, with a focus on the Graham Cracker Houses

- Each Box of Graham Crackers contains 27 Graham Crackers (9 in each pouch)
- Cut each piece (One at a time) with a serrated knife. Go back and forth with a sawing motion to make a cut that will not break the rest of the Graham Cracker.
- Use A Variety of Candies. Tried and True Candies are: Red and Green M&M's, Cinnamon Red Hots, Peppermint Candies, Miniature Candy Canes, Gum Drops, Fruit Loops Cereal, Red Licorice, etc. For the large houses, I like Neccos Candy or Shredded Wheat to make the roof.
- Have Candies organized and ready to use. Once the icing is piped on, it dries quickly. Place candies in individual plates at the center of the table.
- I like to work with groups of 4-5 at a time, but have worked with larger and smaller and it always turns out great.
- If you have a large group of children, have other stations with activities to keep them occupied while they are waiting for their turn or upon completion. (Making an ornament, Christmas Card, decorating cookies, a Christmas Craft, etc.)
- Make Icing Right when it is time to start the project. NOT AHEAD OF TIME.
- Use ROYAL ICING...not canned store bought icing.
- ROYAL ICING RECIPE: (This is enough for 1 large house or 5 small Graham Cracker Houses)
- 3 Egg Whites
- 1/4 tsp Cream of Tarter
- 1 1/2 Pounds Powdered Sugar. Whip on high speed until the icing peaks stand up and the shine is just gone. This is very temperamental icing. Don't let kids lick the bowl...Raw Egg Whites. (For a classroom or group, I plan on 25 houses, this recipe can easily be doubled, tripled ,etc)
- When icing is mixed, place in bags, cut a small corner off and begin to assemble.
- Have damp rags ready for hand wiping.



Ann-Marie's Table of Contents

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- Wii Bowling Tournament
- 6 Word Memoirs
- Ice Cream Party
- Pimp My Bookcart
- Paper Airplane Making/Flying Contest
- Winter Olympics
- Shredded Book
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- Fondu Party



Bleach T-Shirts

Description: Teens can create a one-of-a-kind T-shirt using random objects and bleach

List of Items Needed:

Spray bottle, bleach, dark colored T-shirt, Woolite, waxed paper, sink or bucket, tarp or newspapers, random objects

Resources:

<http://creations.net/creation/t-shirt-designs-created-with-stencils-and-bleach>

http://www.ehow.com/how_4510897_make-tshirt-designs-bleach.html



Bleach T-Shirts

Helps & Hints:

- We found that laminated die-cut shapes worked well and could be used multiple times
- Magnet letters worked better than foam letters
- Make several sample shirts to give the teens ideas
- Have several dark colored t-shirts on hand for those teens that bring white shirts to the event
- Spray across the T-shirt not from above
- Work in a well-ventilated space
- I felt it was better that I sprayed the 50/50 bleach/water solution rather than allow the teens, but you'll have to decide for yourself
- Give aprons to those spraying and washing out the shirts so their clothes don't get ruined
- Spraying the back of the shirt first gives a splattered look, not doing anything to the back leaves it solid colored

REMEMBER TO THINK IN NEGATIVE!

Wii Bowling Tournament

Description: Use your Wii for something other than SmashBrothers and Guitar Hero, have a Bowling Tournament

List of Items Needed:

Nintendo Wii (2 if possible so more teens can participate at once), bracket, extra batteries, prizes, snacks

Resources: <http://www.printyourbrackets.com/wiisports.html>

Helps & Hints:

- I haven't yet done with my teens, but hope to soon!
- (This could also be an activity to do with Senior Citizens or combined like a Grandparents/Teen bowling night)



6 Word Memoirs

Description: What can you say in 6 words? Quite a bit!

List of Items Needed:

Paper, computer, imagination

Resources:

- *I Can't Keep My Own Secrets: Six-Word Memoirs by Teens Famous and Obscure* by Larry Smith
- <http://www.smithteens.com/sixwords>



6 Word Memoirs

Helps & Hints:

- Again, I haven't yet done this program, but think it might be great in April for National Poetry Month.
- Would also make a great passive program, have the teens submit their memoirs online or at the desk, maybe make their memoir be an entry into a prize drawing.
- There are other six-word memoirs that have been published for adults, they might make good idea resources, but be cautious about content.



Ice Cream Party

Description: Cool down with an ice cream creation



List of Items Needed:

Ice Cream (vanilla, chocolate, strawberry), toppings (fruit, chocolate syrup, caramel, whipped cream, crushed candy bars), bowls, spoons, ice cream scoops, napkins

Resources: <http://www.serving-ice-cream.com/ice-cream-party.html>

Helps & Hints:

- This would be a great activity to do as part of summer reading or just a great summer activity!
- Make sure you bring enough ice cream, it would be a shame to run out.

Pimp My Bookcart



Description: An annual contest run by the library-themed comic strip Unshelved to see who can best pimp, trick, or otherwise improve a standard bookcart. Prizes are awarded!

List of Items Needed:

A theme, do-dads to fit the theme, paper, tape, glue, digital camera, and most of all- a bookcart

Resources:

- <http://www.unshelved.com/PimpMyBookcart/>

Check this site for submission information and entries from previous years

Helps & Hints:

- No hints yet, I don't know if I'll have a chance to do it this year (the deadline is October 31, 2009) but I plan to do it next year for sure!
- This would be a great way to "recycle" an old/broken cart.

Paper Airplane Making/Flying Contest

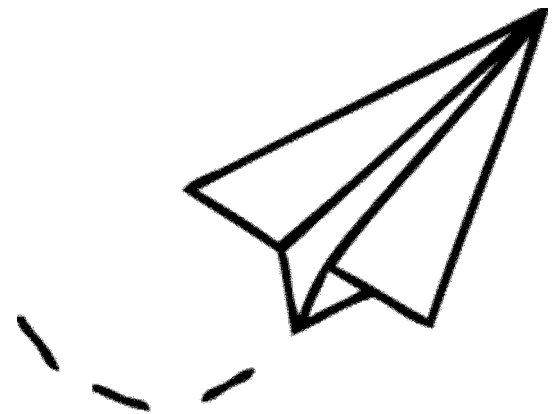
Description: Learn how to fold and fly paper airplanes

List of Items Needed:

Books with paper airplane folding instructions, Microsoft Publisher also has templates, paper, markers, colored pencils, prizes for contest winners

Resources:

- http://www.instructables.com/id/Paper_Airplanes/
- <http://www.bestpaperairplanes.com/>
- <http://www.10paperairplanes.com/>



Helps & Hints:

- Fly these inside or outside
- Have a few contests-most creative, best decorated, furthest flyer, most detailed...

Winter Olympics

Description: Celebrate the Winter Olympics being held in Vancouver, Canada February 12-28, 2010 with reading, trivia, and other activities

List of Items Needed:

- Books
- Voting ballots
- Permission slips
- Olympics TV schedule
- Snacks

Resources:

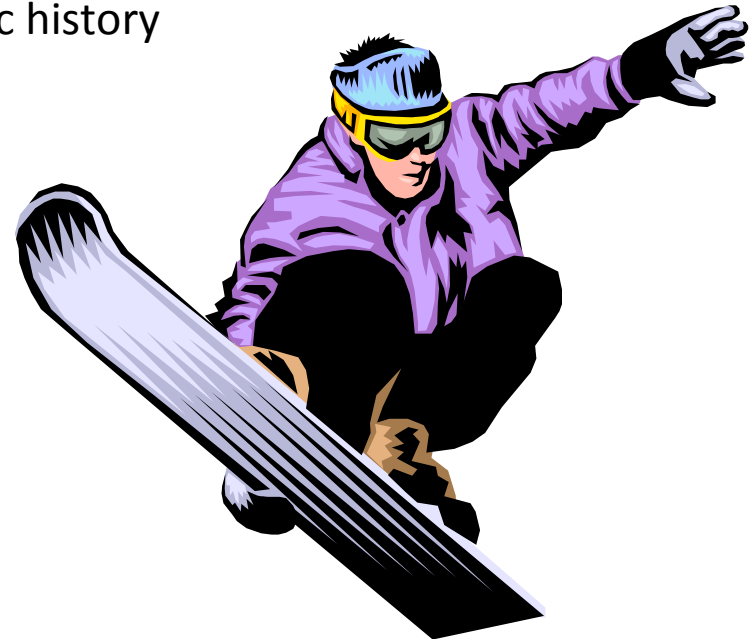
- <http://www.vancouver2010.com/>
- <http://www.infoplease.com/spot/winter-olympics-trivia.html>
- <http://www.chiff.com/a/winter-olympics-trivia.htm>



Winter Olympics

Helps & Hints:

- Read for the Gold-have teens submit book reviews and be entered into a prize drawing for reading medals
- Vote for the coolest winter sports
- Play broom hockey at a local ice arena (get permission slips first!)
- Watch the Olympics at the library and cheer for your favorite country
- Serve snacks representing various countries
- Trivia questions about Winter Sports, Olympic history
- Make a booklist of winter-themed books



Shredded Book

Description: See if your teens can identify the shredded book.

List of Items Needed:

Book, shredder, jar, guess forms

Resource:

- This was an idea that came across on the ya-yaac listserv

Helps & Hints:

- Shred a book, cover and all, put in a jar and then have the teens guess which title it is.
- Use a shredder that cuts in strips rather than in diamonds.
- Obviously use a discarded book or donation!
- This would make a great passive program.



Scavenger Hunt

Description: Can you find these items in the library?

List of Items Needed:

Paper, computer, mp3player-it all depends on how you want to format the hunt

Resources

- Google “library scavenger hunts” to get question ideas
- If you don’t know how to do videos or podcasts online, search for tutorials

Helps & Hints:

- You could go about this in several ways. Have a paper scavenger hunt, this could be a passive program.
- Or you could podcast your scavenger hunt and have teens use MP3 players to locate the clues.
- Maybe you want to do an online scavenger hunt or even a video hunt. The options are only limited to your imagination (and budget of course)



Fondu Party

Description: Yum!

List of Items Needed:

Cheese, Chocolate, Fondue pot(s)/crock pot(s), dippers (fruits, veggies, bread, marshmallows, pound cake...), plates, forks, spoons, napkins



Resources

- <http://www.fonduebits.com/>
- http://entertaining.suite101.com/article.cfm/how_to_throw_a_fondue_party
- <http://allrecipes.com/Recipes/Appetizers-and-Snacks/Cheese/Fondue/ViewAll.aspx>
- http://entertaining.about.com/od/chocolatefondue/Chocolate_Fondue_Recipes.htm

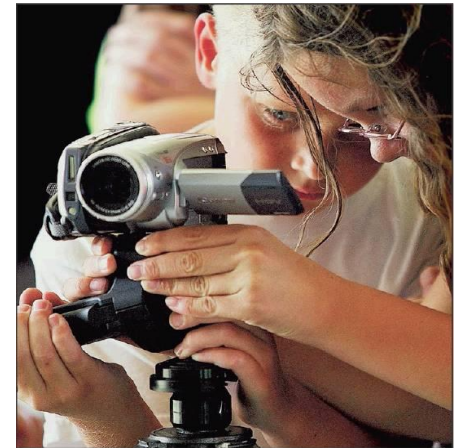
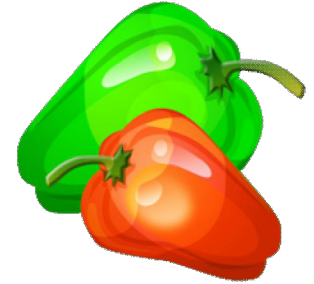
Helps & Hints

- Have the teens spoon the fondue onto their plates so double dipping doesn't happen
- I haven't done this yet with my teens, but I hope to soon! All of the fondue parties I've had with friends have been great fun.



Brooke's Table of Contents

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- Duct Tape Crafts
- Creative Arts
- Get Your Motor Running
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- REAL soccer
- Prom-o-rama
- Embroidery, Tatting, Knitting, and Crochet



Baby Sitting Boot Camp

Based on community need

- Parents desire care for younger children
- Teens desire income

Bring teens into library setting

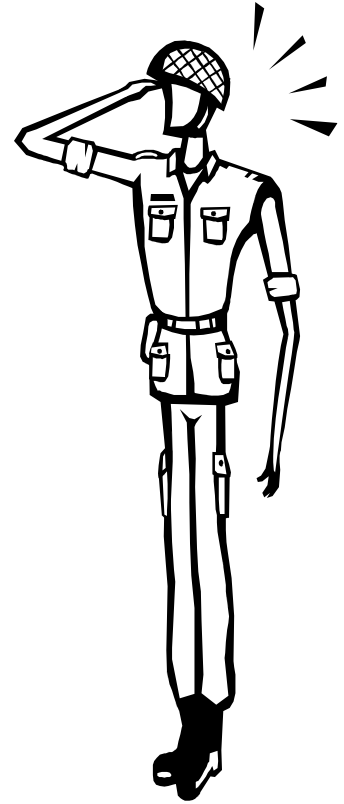
- Show relevancy of library to YA needs
- Develop life-long learners & library users

Enhances library image

- Meaningful, value-added library service
- Increases library visibility
- Minimal cost, high participation

Handouts and Information

- DCL Survival Guide
- Red Cross Activity Booklet www.redcross.org; Preparing & getting trained tab
 - Get trained
 - Care giving & babysitting
 - Babysitters training resources
- Free websites



Baby Sitting Boot Camp

General gathering

- Police detective
- Registered nurse
- Questions & answers

Sessions

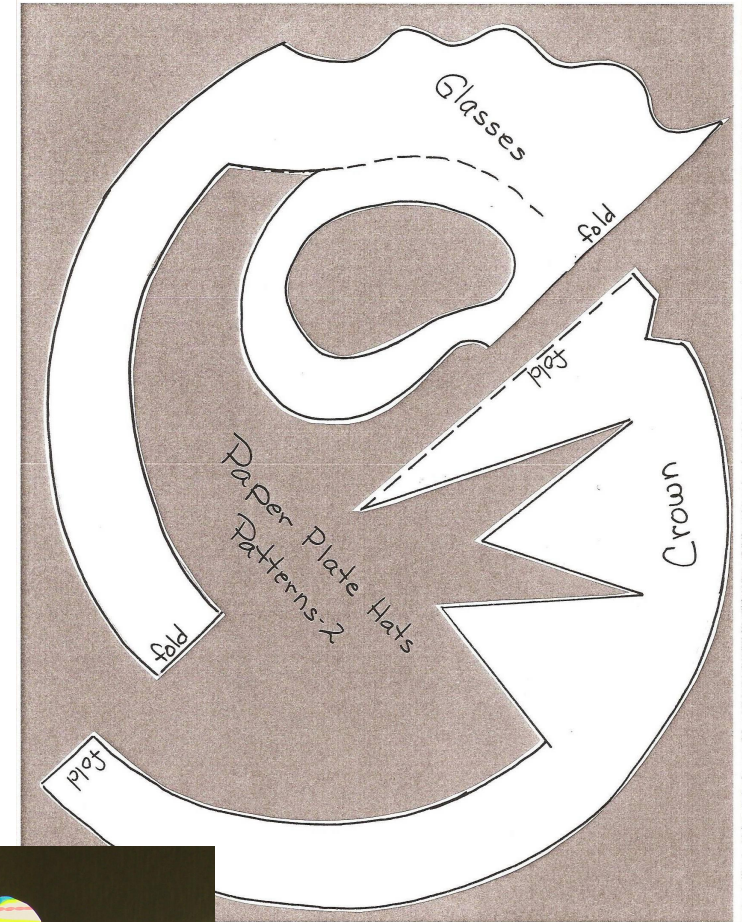
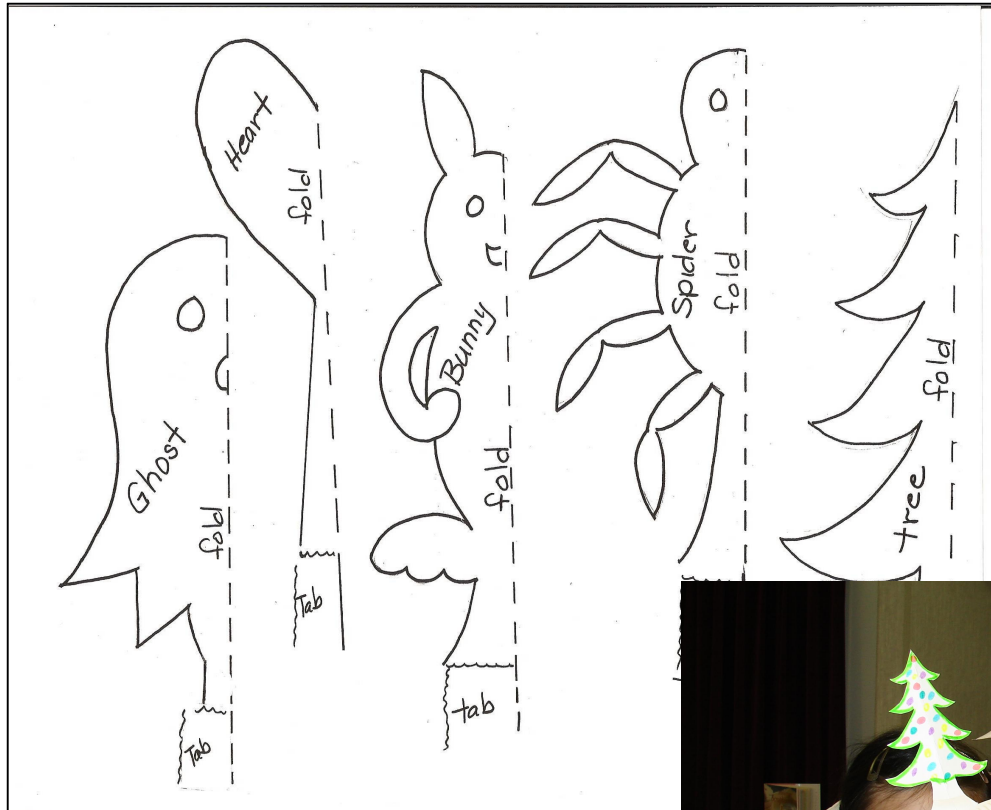
- Diapering & holding
 - Balloons & Diapers
 - Blankets & dolls
 - Feeding
- Quick treats
 - Finger foods
 - Snacks
- Babysitting kits
 - Activities
 - Crafts
 - Games

Baby Sitting Kits

- Ice Cream buckets or shoe boxes
- Story books
- Paper bag puppets
- Stick & finger puppets
- Finger plays
- Songs
- Games
- Paper plate hats
- Crayons, coloring books
- Found-at-home activities



Baby Sitting Boot Camp: Paper Plate Hats

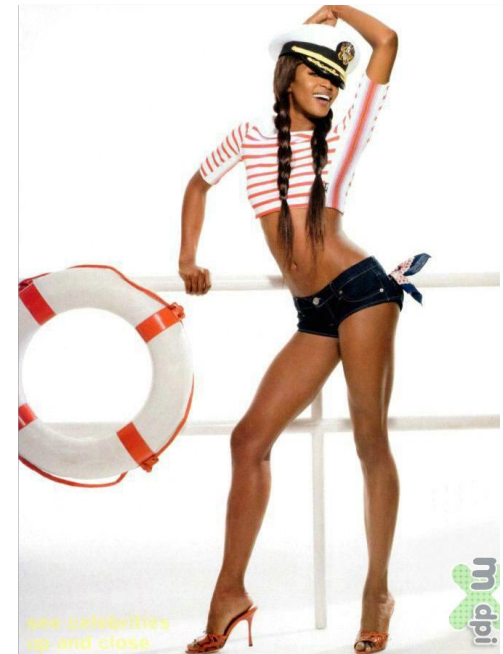


Baby Sitting Boot Camp: Certificate of Completion

- Recognizes achievement
- Enhances resume
- Reassures parents



WHO LOOKS LIKE THIS?



Not Me!!!

Maybe Not You
Either!!!

A Positive You: Eat, Think and Dress Better



Why have this program?

- Because everyone – women and men – are concerned about their appearance, especially with relation to food, exercise and fashion.
- Everyone has a poor body image, at least about some part of their body.
- Everyone can feel better about themselves with a little motivation, and understanding that they are not alone.

The Idea:

- Diets vs. Nutrition: Eating healthy, portion size, exercise, fad diets, recipes for healthy snacks.
- Body Image/Body Perception: Discuss that everyone has body flaws. What is one thing you don't like about your body? What is one thing you love about your body?
- Dressing Your Body: Wearing clothes that fit and enhance your body rather than "trendy" clothes that don't suit you.

Presenters:

- U of U grad student in Nutrition
- Alicia Richmond, fashion consultant
- You could always use people from your community or library patronage!

A Positive You



Materials:

- Booklist of items in our collection on the subjects of nutrition, exercise, fashion, body image, finding identity, cooking, etc.
- Handouts with nutrition tips, snack ideas in the various food groups, and a list of basic wardrobe elements.

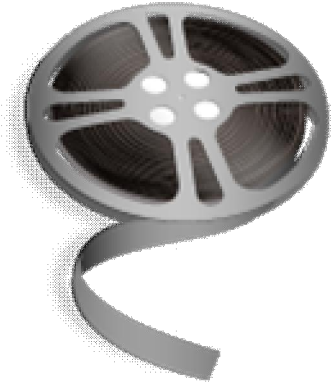
How Much?

- \$10 for snacks (we did wheat crackers, hummus, and cucumber slices).
- \$50 for fashion consultant presenter (but if you use someone you know, you could maybe skip this cost).
- Copies of handouts, booklists, recipes.
- About 4 hours of work time to contact presenters, set up room, make snacks and copies, and have the program.

Be Careful:

- Some teens may have issues with bulimia, anorexia or other eating disorders. Be sensitive about how these issues are discussed.
- Be honest, straight-forward, and non-judgmental.
- You may want to have information for resources for helping people with eating disorders, but don't push it on teens.

Filmmaking for Teens



- Teens are serious about filmmaking
- Asking everyone for contacts
 - Who do you know?
 - Are they good with teens?
- Presenter known in teen community
 - Local filmmaker known for “shorts” film festivals in Layton and for high school students



Filmmaking for Teens

Hands on: Most students had made films before – even the young ones!

Presenters brought in their own equipment..

What teens responded to:

- New information
- Interacting with professional filmmakers
- Feedback on their ideas and work



Above, Caleb Cleverly, 10 (left), and Mimi Hoff, 11, compose the master shot for a music video for their class Tuesday in Centerville library. Left, Independent filmmaker Russ Relyea talks about composing the master shot for a music video his class is making.

DREW GODLESKI
Standard-Examiner

Duct Tape Crafts

- Staff members first learned and then taught how to make cell phone cases, wallets and tote bags.
- One of our most popular program in 2009!



Express Yourself with Creative Arts

- Scrapbooking with Bo Bunny Press
- Finished product in one evening
- All ages attended including boys



Get Your Motor Running

- Held on back lawn of library
- Presenters from community: ATV/ Motor shop, Driver License Division, Harley owners.
- Topics included: Racing, road trips and safety.



Mystery Theatre for YA: There's a Body in the Billiard Room

- Program from Texas State Library-
<http://www.tsl.state.tx.us/ld/pubs/yareadingclub/body.htm>
- Staff members prepared posters, diagrams, clues, and props that patrons used to solve the murder mystery.
- Families from around the county came to sleuth!



REAL Soccer



- Contacted REAL main office for personal appearance
- Dustin Kirby came and spoke about reading, sports, school, and soccer
- Great interaction with the kids

Prom-o-rama

- Hair Styles-this generated the most interest topic



Prom-o-rama

- Make-up



Prom-o-rama

- Dancing



Prom-o-rama: Fashion Show



- Presented by different shops each year
- This year Men's Wearhouse put together the show



Embroidery, Tatting, Knitting, and Crochet

- Staff provided most of the instruction and patterns
- Materials were provided by library





Kira Moody's Table of Contents

- Tie-Dye Party
- Teen Anime Club
- CD Art
- Book of the Month
- Pizza and a Movie Night
- A Twisted Afternoon
- Halloween Spooktacular
- Beach Party Lock-in
- Gocks! Sock Puppet Buffet
- Survival of the Worst

Tie-Dye Party

Goal:

To encourage teen's creativity and expression through t-shirt art.

Supplies:

White T-shirts (have teens bring these)

Rubber Bands

Tie-Dye Paints

Scissors(optional)

Tie-Dye Party

Crafts & Activities

Tie-Dying

Put books to Check out about being a hippie, altering clothing, or tie-dying

Have snacks for the Teens

Other Ideas

Have an altered clothing activity follow-up

Turn the tie-dye into a contest

Have a drawing for prizes

Provide other activities for those who get done faster than others.

Tie-Dye Party

Helps & Hints

- Make sure that the Teens know that the rubber band are where the t-shirt will stay white and also help to create the design.
- Print off different design ideas for them, so they can start thinking about what they're interested in.

Teen Anime Club

Goal:

To encourage kids to explore new ideas and new things through Japanese culture things like Anime films and treats.

Supplies:

Anime DVD

Japanese Treats

Prizes

Teen Anime Club

Crafts & Activities

- Anime Movie showing
- Provide Treats and prizes that are small, but appealing to Teens like posters that come from books, candy, etc.

Teen Anime Club

Other Ideas:

- Here are various other ideas you can do. I don't recommend you do them all every month, but it's fun to add other things to the club to get them to come back:
- Try and let them know when the next program is or try and have it on the same week every month.
- Have a CosPlay contest. This is where they dress up as their favorite character. You may want to provide restrictions/guidelines. Look at conferences that have had such contests and maybe use similar rules.

Teen Anime Club

- Try and scrounge up old SRC books, Advanced Reader's Copies, or other book donations to give away.
- Have a raffle drawing for prizes.
- Have them predict what will happen in the next anime episode of the series.
- Have them draw their own anime character. Give prizes for the best one

Teen Anime Club

Helps & Hints

- Visit your local bookstore. If they're done with ARC copies, they sometimes will give them to you.-Get gift cards
- Have local restaurants donate coupons periodically.-
- Visit www.operationanime.com It's free to sign-up and you can pick which Anime DVDs you want them to send you. They send them to you free of charge.
- Look up in the white or yellow pages. There might be an ethnic store near you where you can buy treats. If not look at your usual grocery store.

CD Art

Goal:

To help teens express themselves through art while providing an excellent, cheap way of decorating lockers, rooms, refrigerators, etc.

Supplies:

Old CDs your library has discarded

Magnetic Strips

Odds and Ends to Decorate with

Stickers

Scrapbooking Supplies

CD Art

Crafts and Activities

- CD Art Activity
- Play new music that has recently come into the library.
- Have a display near the activity where new music, songbooks, and other music related materials are available to check out.
- Let them know they can check out the items if they are interested.

CD Art

Other Ideas

- Put out arts and crafts books for them to check out.
- Have a contest. Give the best ones a prize.
- Have a follow-up of Locker Decorations

CD Art

Helps & Hints

- Make sure to get the magnetic strips that look like they're on a roll of tape. They work better than the other kinds.
- Only decorate one side of the CD.-Put strip on non-decorated side.
- Provides lots of odds and ends.

Book of the Month

Goal:

To encourage teens to check out books and read at least a book a month outside of school.

Supplies:

Treats or Prizes

Lots of Promotional Materials to get teens to participate.

Copies of next month's book when they start coming back.

Book of the Month

Crafts & Activities:

This is an ongoing monthly activity, so provide papers for which they can write a semi-detailed review of the book.-

Enter the reviewers into a drawing for cool prizes.

Give a piece of candy or a small prize when they turn in the review.

Have a drawing for bigger prizes at the end. Include everyone's review or vote for the drawing

Book of the Month

Other Ideas

- Turn it into a book club where you meet once a month.
- Have activity some time during the month that's associated with the book, but doesn't require them to have read the book. (i.e. A Long Way From Chicago-have a paper airplane contest). This will encourage them to read the book.

Book of the Month

Helps & Hints

- The success of this program relies heavily on good marketing strategies in order to get it off the ground.
- Try and come up with a variety of ways to market it.
- Encourage staff members to do it along with the Teens.
- That way they can promote the book better.

Book of the Month

- Encourage staff to also tell the Teens they see about it and to give out the flyers.-Have flyers at all of the desks.
- Put related books out on the display for them to take as well.
- Put something out on the display that is catchy and eye-catching. (i.e. big tri-fold poster, light-up lamp, funky art related to the book,etc.)
- Choose a book once in a while that you know the teens have to read for school.

Book of the Month

- See if bookstores will give you some of their old Advanced Reader's Copies for prizes.-Use old summer reading prize books.
- See if you can get companies to donate.-Don't hit up the same companies every month unless they ask you to. They might get sick of you.
- See if a local comic book store will be willing to donate comic books the month that has National Comic Book Day

Pizza and a Movie Night

Goal:

To get teens to realize that books and movies can be connected. That books are as enjoyable as movies and vice-versa.

Supplies:

Book-Based or Regular Movie on DVD

Movie License

Pizza and Movie Treats

Books and other items displayed for teens to check out.

Pizza and a Movie Night

Crafts & Activities:

- Movie showing
- Provide Treats
- Don't forget to order pizza!

Other Ideas:

- Have a raffle drawing for prizes
- Have a craft they can do if they want
- If it's an end-of-summer bash, have fun, interactive games that you play with them (i.e. Fear Factor-type games, get-to-know you games, etc)

Pizza and a Movie Night

Helps & Hints

- Get local businesses to donate prizes or coupons
- Call the pizza place prior to the activity and see if they will give your library a discount or donate the pizzas.
- Order the pizzas the day before or early in the day, so the place has time to make them.
- Go to www.movielicensingusa.com to get information on a one time license. If your library can't afford a movie license, get an Anime DVD from www.operationanime.com-

Pizza and a Movie Night

This activity is better during library hours, but if it's a lock-in party:

- Keep the door locked after a certain time.
- Provide a number on the door from which people can reach you if they need to get in.
- Try to have an extra staff member for safety reasons.
- Don't let the Teens walk home alone if it's late. Make them get a ride home.
- Make the teens and parents sign a waiver form.

A Twisted Afternoon

Goal:

To get teens to visit the library and interact with other teens their age in a safe environment.

Supplies:

Twister Mats

Twister Spinners

Treats

Prizes

A Twisted Afternoon

Crafts & Activities:

- Largest size game of twister you've ever seen
- Chow Time

Other Ideas:

- Human Checker/Chess Games
- Human Fooseball(indoor soccer)-Crab Soccer-Have twisted-looking treats like Red Vines or some form of Licorice Twists.- Anything a little bit crazy like an unfashion show(how many can dress really silly using materials you provide). -Make Duct tape crafts or something silly or out of the ordinary.

Halloween Spooktacular

Goal: To have a spooktacular party that will motivate teens to come to other activities

Supplies:

Costume(for yourself)

Candy

Craft Supplies

Halloween Decorations

Laptop or White Board decorated like a jeopardy board.

Halloween Spooktacular

- **Crafts & Activities**

- Horror Trivia Game (possible questions included)
- Costume Contest
- Old Scary Movie(**The Private Eyes** with Don Knotts or **Son of Godzilla** are good ones)
- Halloween Activities, Crafts, or games

Halloween Spooktacular

Other Ideas:

- Haunted House in the library or auditorium.
- Role-Playing Mystery Game
- Scary Storytelling Contest
- Haunted Library Mansion Scavenger Hunt
(included)
- Toilet Paper Mummy Wrap

Halloween Spooktacular

Helps & Hints:

- Get bulk candy at a warehouse type place like Costco or Sams Club. Wal-mart would work too.
- Go early (like end of September) to look for your costume, so you can have your pick of costumes.-Get teens to help with setup.
- Visit www.orientaltrading.com for treat, decorating, and prize ideas.
- <http://www.jmu.edu/madison/teacher/jeopardy/jeopardy.htm> is a good site to go to for the template for Jeopardy

Halloween Spooktacular

Category Ideas for Horror Trivia:

(Categories are 10, 20, 30, 40, or 50 pts).

- Twilighted(all questions related to the Twillight series)
- Look Mom! I'm A Vampire (all questions related to teens becoming a member of the undead)
- Stories to Make Your Skin Crawl (anything scary that can be found in a book)
- RUN FOR YOUR LIFE !!!(books that make you want to run for the hills)
- Survival Guide To All Things Creepy (trivia related to creatures of the undead or of the night)

Halloween Spooktacular

Question Ideas:

In the movie, *Twilight*, I almost ran over Bella.

Hint: This scene made my skin crawl in terror for Bella.

Answer: Who is Tyler Crowley?

In *Fangs 4 Freaks* by Serena Robar, Colby Blanchard was put on trial by the Vampire Tribunal for being this.

Hint: If you're still part human, but still drink blood what are you?

Answer: What is a half-blood vampire?

"Bloody fingers! Bloody fingers!" This line comes from a short story in a popular series by Alvin Schwartz. Name the book.

Hint: A sheet wouldn't do this creature much good in books two or three.

Answer: What is *Scary Stories to Tell in the Dark*?

Halloween Spooktacular

-Written by Lois Duncan, this novel tells the story of 4 teenagers who are running for their lives after a mysterious figure comes back from the dead to get revenge.

Answer: What is *I Know What You Did Last Summer*?

-This paranormal figure from mythology can turn into any animal.

Hint: It wouldn't be entirely correct to say I could only turn into a wolf.

Answer: What is a shapeshifter?

Halloween Spooktacular



Beach Party Lock-in

Goal: To motivate teens to finish the summer reading program then reward them for doing so.

Supplies:

Tiki Toss Game(or other ring toss game)

Limbo Stick

Beach/Hula/Party Music

Door Prizes

Craft Supplies

Sand Art Kits

Babyfood Jars or other kind of jar or bottle to put sand in.

Beach Party Lock-In

Crafts & Activities

Limbo Contest

Hula Hoop Contest

Sand Art

Beach Blanket Bingo(Bingo cards spell BEACH.

You could play it on beach towels as well).

Play-Dough Pictionary(try and guess what the person made with the play-dough)

Beach Party Lock-in

Other Ideas

- Get to know you games---Hawaiian style.
- Sea Shell Mancala(fun board game)
- Beach Ball Volleyball
- Coconut Bowling(place bowling pin In hula hoop. Try and get coconut into hoop without knocking over pin. Closest to middle of hoop wins)
- Grass Skirt Hula Contest(just as it sounds, but it gets more fun when the girls judge the guys!)

Beach Party Lock-In

Helps & Hints:

- The key is to keep them busy the whole time!
- Make the teens help you clean up after.
- When it starts to get late, put on a movie
- Have lots of treats and food. Teens have quite an appetite.
- Keep the main door locked at all times except for when you're letting them in. Have a staff member greet them as they come in.
- Have a number on the door for those who need to get in after the party's started or state on the invitation that no one after a certain time will be allowed in.

Beach Party Lock-In

- Have pizza to eat. Order from a nearby pizza place and see if they will give you a discount.
- Don't let kids walk home if it's dark. Don't let them leave until they have a ride home or have their own car with them.
- When they're leaving, make sure they all get out safely.
- Have them and their parents sign a waiver form.
- Check for stragglers before you lock up.

Gocks! Sock Puppet Buffet

Goal: To make awesome looking Gothic-like puppets

Supplies:

Socks

Things to make the puppets look Gothic-like.

Old Sheets and Clothing(if you're doing the Goth Makeover Fashion Show)

Buzzers or something noisy(for Trivia Game)

Gocks! Sock Puppet Buffet

Crafts & Activities

Sock Puppet Buffet

Puppet Show

Other Ideas

- Treats

- Goth Makeover(teams choose one person to be their fashion model)

Fashion Show

- Fast-Fingered Goth Trivia

Gock! Sock Puppet Buffet

Helps & Hints

- Provide a wide variety of materials for Gocks or makeover.
- Make treats black or Halloween-ish.
- If the kids want to makeover you, let them. You might have fun.
- Participate in the activities as much as possible, so they feel like you're a part of the group.
- Trivia game might be fun if it's done in the style of Family Feud-Try not to be too strict. If they're not hurting anything or anyone(especially themselves) and not destroying library property, who cares!
- Have prizes for best makeover or puppet-Let them make their own play up in small groups.
- Have play books and fashion magazines out for them to look at for ideas.

Survival of the Worst

Goal:

To have a blast while showing teens you don't always have to be the best at everything.

Supplies:

Karaoke Machine or Microphone

Music

Joke Books

Music Scores

Ipod of Music and something to plug it into.(optional)

Survival of the Worst

Crafts & Activities

- Worst Singer Ever Contest
- Worst Joke/Comedy Act Ever Contest

Other Ideas:

Just pick various contests people can enter where the worst person of all wins!

- Worst Video Game Player Contest
- Worst Karaoke Singer Ever
- Crazy Limbo Contest(start with the bar on the bottom. They have to try to get under. The person who does the highest number of crazy (but successful) stunts, while going under the bar, wins. Player actually has to make it under successfully for it to count but they're not out. Keep moving the bar lower and lower.)
- Most disgusting-looking craft ever Contest.
- Who can make coloring outside the lines the worst. (Pass out coloring sheets. Winner will be the one who does the worst coloring job of all).

Survival of the Worst

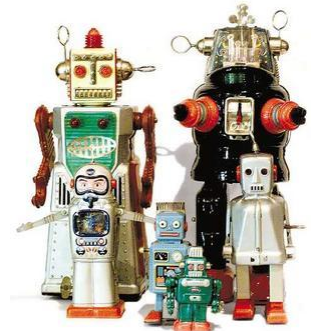
Helps & Hints

- Buy bulk prizes and candy for prizes.
- Keep prizes fun, but small. Visit the dollar store or party store for deals.
- Have participants in contests sign up ahead of time.
 - Have audience write down secretly and put in a box which joke or singer they thought was horrible.
- Give them a craft or something to do while you tally the votes.
- Put time limits on participants' jokes/songs/limbo act/etc. so everyone has a turn.



Melissa's Table of Contents

- Stencil Art 101
- DIY Valentines
- Handmade Music
- Manga Workshop
- Temporary Tattoos
- Beyond Twilight
- Mash Ups 101
- Fear Factor
- Take n Make Crafts
- Jitterbugs



Stencil Art 101



Goal: each participant will create a stencil outline using a computer. They will print and cut their stencil out, then use it on a t-shirt.

Supplies:

- Computer with image editing software
- Craft knives and blades (such as X-Acto)
- Cutting mat, or scrap piece of plywood
- Overhead transparency sheets or cardboard cereal boxes
- Masking tape
- Fabric paint
- Small painter roller (optional)
- T-shirt (encourage them to bring their own, but have many extras)
- Iron and parchment paper

Stencil Art 101



Designing the Stencil

1. Select your image and import into a photo-altering software program.
2. You need to alter the image into 2-tone (black and white). You will want to Posterize the image, then adjust the threshold until it resembles (roughly) a stencil.
3. Clean up the stencil. Use the blur option to smooth out the rough edges and pixelated areas. You do not want any black areas left floating all by themselves... All black areas must be connected or they will be lost when you cut your stencil out. If there is an isolated black area, your options are to connect it to the rest of the black (using the paintbrush tool), or to ignore it altogether.
4. Posterize your image once again, then print it out on an 8.5 x 11" sheet of paper.

Stencil Art 101



Cutting the Stencil and Printing the Shirt

1. Place the overhead/cardboard on the printed image, and secure the edges with tape.
2. Carefully cut out the black part of the image. You should cut through both the overhead/cardboard and the paper below it. Work slowly.
3. To print your shirt, tape the stencil down to the shirt with masking tape.
4. If you're using a roller, it will take extra paint to fully saturate the roller, so be sure to have enough paint. Test your stencil on a sheet of paper to get a feel for the process.
5. Apply the fabric paint to your stencil, working in from the outside. It's okay to do multiple coats, just be sure that the stencil doesn't move.
6. Carefully remove the stencil, tape, and newspapers, and admire your good work.
7. The paint will need to dry, so send participants home with parchment or wax paper. When the paint is dry they can iron the shirt (with the paper in between)... It helps set the paint.
8. Hand wash your shirt, and dry on a low setting, with some old towels to cut down on the agitation to the fabric.

DIY Valentines



Goal: explore new and recycled materials while making valentines for friends and family.

Suggested Supplies:

Cardstock – 75% white, 25% other colors

Colored paper

Scrap fabrics (see if you can get cheap remnants or free scraps from local craft stores)

Glues – fabric glue; elmer's glue; glue sticks & gun; Modge Podge (for decoupage)

Odds n ends – buttons, beads, feathers, lace, small plastic toys, shiny things...

Markers, paints, colored pencils, pens and pencils

Old books and magazines

Yarn, thread, fat needles, a sewing machine (if available)

Letter and number stencils

X-acto knife and blades

Scissors

Hole punch



Handmade Music



Goal: take household items and repurpose into musical instruments.

Supplies:

- Garbage bag or large plastic bag
- Pens, large straws or segments of hose
- Tape and Scissors
- Used, clean containers (tin cans, cardboard boxes)
- Rubberbands, hot glue and gun
- Empty paper towel tubes
- Plastic recorders

Instrument ideas:

- Cereal box guitar
- Vegetable flute
- Bagpipes (tutorial on following page)



Handmade Music



Bagpipes

1. Gather your supplies. You will need 1 garbage bag or large plastic bag; 2 plastic recorders; 2 pens/straws/pieces of hose; tape and scissors
2. To make the blowpipe from pens, disassemble the pens so nothing but the plastic tube remains, then tape the two tubes together.
3. You don't need the whole bag, so cut it down to 3/4 the size.
4. Tape the blowpipe to one side of the open bag. I like to put the blowpipe in a good inch or two into the bag to make sure no air escapes. Go ahead and tape up 1/4 of the open part of the bag too.
5. Take one recorder, which will act as the drone, and tape it 1/4 of the bag length down from the blowpipe. Make sure you do not cover up the whistle part of the recorder and that the mouthpiece is in the bag. Go ahead and close up the rest of the open part of the bag, making it airtight.
6. Cut a hole in the corner of the bag that is on the same side as the blowpipe. Attach the other recorder to the hole and this will act as the chanter.
7. Tape up some holes on the drone to make it sound like you want it to. This is the part that plays a constant note, so try to make it a note that doesn't make you want to find earplugs. Covering up all the holes works the best I think.

Manga Workshop



Goal: participants will learn about the history of Manga, simple aspects of drawing, and will create their own Manga character.

Supplies:

Drawing books

Manga books

Paper (can be printer paper or drawing paper)

Pencils (I provided drawing pencils, gum erasers and colored pencils)

Outline:

- Discuss what manga the kids are reading... did they get it all from the library... were there titles they bought or borrowed from friends? When they buy Manga, is it because we don't own it, or because they collect it.
- A timeline of Graphic Novels, including Manga and Comics, with several examples/booktalks of each format. Here's one example of a timeline: <http://www.infoplease.com/spot/comicstimeline.html>
- Warm-up drawing exercises... Shapes and connecting them to make a basic figure.
- Review several how-to-draw-manga books and begin creating our characters.
- Have drawing and manga books on hand for participants to check out.

Temporary Tattoos



Goal: participants learn about the history of henna (where it comes from, why and how it is used); get to make henna paste; practice applying it on each other and receive one small henna tattoo from a henna artist.

Supplies:

One henna artist (or confident, steady-handed staff member)

Henna powder (if using an artist, they may supply their own or recommend a supplier)

Lemon juice, sugar, water, non-metal bowl, non-metal spoon

Tracing paper

Books of henna and tattoo designs

Charcoal pencils

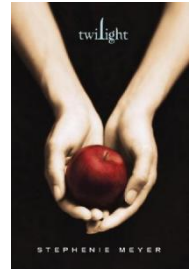
Cellophane sheets (henna artist may supply)

Paper towels and wipes

Indian music



Beyond Twilight



Goal: using twilight as a springboard, introduce participants to more awesome vampire and supernatural literature.

Supplies:

- Every appropriate vampire and supernatural book you have (see suggested list next page)

- Twilight, the movie

- Vampire trivia questions

- Vampire related prizes (publisher booths at ALA are a great place to snag these, as well as book donations)

- Snacks

Outline:

- Start by talking about twilight and what everyone loves about it

- Booktalk 5+ vampire/supernatural books (make sure you have at least two copies of the books on hand)

- Lead into the vampire trivia (with prizes)

- Show the movie Twilight

- Give them all door prizes on their way out... This year I have Vladimir Tod buttons and I'm hoping to get free movie passes (just in time for New Moon).

Beyond Twilight

Books to have on hand:

The Chronicles of Vladimir Tod – Heather Brewer

Blood and Chocolate and The Silver Kiss – Annette Curtis Klause

Thirsty – M.T. Anderson

Vampire Diaries series – L.J. Smith

Look for me by Moonlight – Mary Downing Hahn

Got Fangs series – Katie Maxwell

Vampire Kisses series – Ellen Schreiber

The Morganville Vampires series – Rachel Caine

Vampire Academy series – Richelle Mead

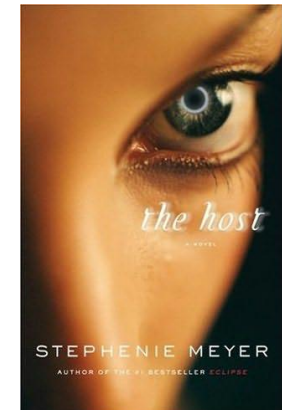
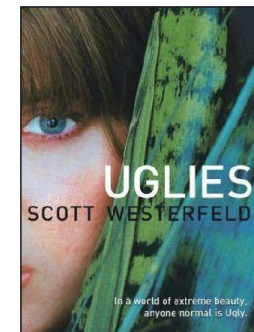
Blue Bloods series – Melissa De La Cruz

Companions of the Night – Vivian Vande Velde

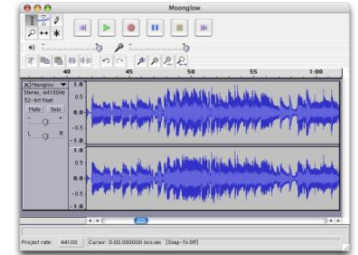
Twilight series – Stephenie Meyer

Uglies series and Peeps – Scott Westerfeld

Tithe, Ironside and Valiant – Holly Black



Mash Ups 101



Goal: participants will learn what a mash-up is, how they're made, where to find them, and how to create their own.

Outline:

Ask if anyone knows what a mash-up is and show some examples:

<http://www.bobbymartini.co.uk/>

<http://partyben.com/downloads/>

<http://smashupderby.com/>

Use a computer to show the basics of audio-editing, then let them play around! They can work on a music mash-up, make a radio commercial, podcast or even dub their voice over their favorite song. If they want to make their own mash-up, they will find the best results if they try to re-create a mash-up they like.

Here are some basic software-editing options:

- Record from microphone

- Layer, synch and dub-over audio files

- Import and export audio files

- Create WAV or AIFF files suitable for burning to CD

- Cut, Copy, Paste, Delete and Undo

- Fade the volume up or down

- Remove static, hiss, hum, or other background noises

Audacity, found at <http://audacity.sourceforge.net/>, is an easy-to-use, free audio-editing program.

Fear Factor



Goal: get participants to be adventurous, try new weird and gross things. Door prizes for everyone, grand prize for the one who tries the most!

Supplies:

Creepy, scary and survival books on display

Diapers, ammonia, yellow food coloring, buckets, bean bags, clear marbles

Flashlight, table, dark heavy blankets, bean bags, 6 cement blocks or milk crates (weighed down)

Sardines, chocolate-covered bugs, fried larvae, pickled herring, 2 packs of hot dogs, pickle juice

Pickles, peanut butter, pureed spinach (baby food), ketchup, chocolate syrup

Outline:

Begin with the least gross activity and progress to the most disgusting. The teen or teens with the most points at the end receive a grand prize (a gift certificate for a less wild eating experience is a good option).

POINT SCALE

1ST – 50 points

2nd - 40 points

3rd - 30 points

4th – 20 points

5th – 10 points

6th + - 5 points

No participation – 0 points

Fear Factor



Dirty Diapers (outdoor activity) – This is a relay race, and you will want 5-10 participants per group. You will need 2 buckets per group and you will want to place the buckets about 100 yards apart (far enough to give them a good jog). For each team, the bucket farthest away will be empty, the one closest to the “starting point” will be $\frac{3}{4}$ full of vinegar mixed with water and yellow food coloring. The goal is to use the diapers as a sponge to get as much “pee” into the empty bucket in 3 minutes. Buckets will be measured to determine the winner. Each person in the winning group gets 1st place points.

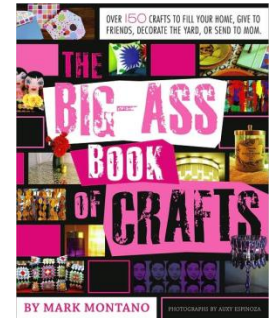
Cold Toes - Fill large bowls with freezing ice water. Add small hot dog slices. Call three contestants up at a time. Place the freezing cold water bowls on the floor. Contestants remove one shoe and sock. They have 60 seconds to remove their hot dog slices and place them on a paper plate, using only their toes. Record how many slices and reward points accordingly (each group will have a 1st, 2nd and 3rd place). Provide towels.

I Scream for Ice cream – Contestants get a bowl of icecream (any flavor), but must add any three of the following toppings: sardines, ketchup, baby food spinach, pickle juice, pickled herring, cold spaghetti o’s, chocolate covered bugs. Everyone has 2 minutes to eat their ice cream. 1st place points for those who finish, 3rd place points for those who ate half or more, 6th place points for those that tried it.

Fear Factor Challenge – This is a timed obstacle course done one participant at a time. To get 1st – 5th place points, participants must finish all challenges in the obstacle course. Those who try, but do not do everything get 6th place points.

1. Using a flashlight they will crawl under the table that is covered with a dark blanket. Tape numbered pieces of paper under this table before they arrive (use 1-12, place 6 of each number under table). They have to find 3 flags with their number on it and move to the next challenge.
2. At the end of the table have a large bowl with ice. Here they have to find 3 clear marbles before moving to the next station.
3. Here they pick up a beanbag and balance it on their head. Then have them walk on 6 milk crates or cement blocks that are placed far apart without falling. If they fall or dropped their bean bag, then they have to start over at this station.
4. Have a table set up with a plate of 2 pickle slices spread with peanut butter. Here they must eat the 2 slices without using their hands before they move to the next station.
5. They must crawl backwards to the next challenge where they drink a small glass of fruit punch surprise (red punch mixed with chocolate syrup and pickle juice.) and run back to the start!

Take 'n Make

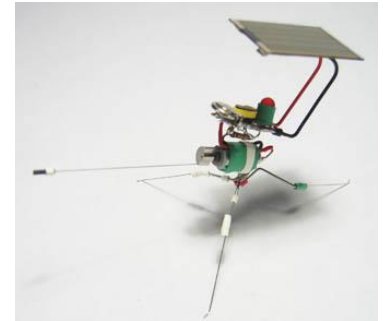


Goal: bring the programs to the teens, not the teens to the programs. Increase participation by offering crafts and projects teens can take and do on their own time. Make sure to offer an incentive for them to show what they've done!

Supplies: some materials for your chosen craft. 1st, 2nd and 3rd place prizes and trinkets for all participants.

Outline: Offer the idea as a DIY or Craft Challenge. You need not supply 100% of the materials, but do give them some basics. Also, give them a goal (ie: Stencil 101 project or DIY Valentines), some directions, and some book and web resources. Encourage the teens to submit their final product by a given date (1-2 weeks is a good timeline). Submissions can be in-person, emailed photos, photos uploaded to flickr, myspace or whatever works for your library. Get together with coworkers and vote for the top 3. Make sure everyone who enters their project gets something.

Jitterbugs



Goal: participants get hands-on experience working with tools and technology

Supplies:

- Small metal tin (one per person... Think Altoids or smaller)
- Wire coat hangers, pens, markers, paperclips
- 1.5V motors from battery-powered toys (look in dollar store)
- Small metal washers (4 per bot)
- Small bolts and nuts (2 per bot)
- 1 foot of insulated wire per bot
- 1/4M flat plastic washers 37/64" OD (3 per bot)
- AA batteries (1 per bot)
- Hot glue gun
- Cable ties (1 per bot)
- Wire/tin cutter
- Hammer and phillips head screwdriver

Instructions for how to build your Jitterbugs can be found on Make Magazine's Blog at:
<http://www.make-digital.com/make/vol10/?pg=121>

